

CRAFT, JUGGLE, TWIRL & TEACH

*A uniquely engaging youth violence prevention proposal
recommended for children ages 8 & older*

Young people in community enrichment programs will learn to make sets of Power Sticks and juggling scarves. They will also learn the basics of how to twirl and juggle them.

After learning a few tricks, they will volunteer to teach others in their program and at community events (if practical).

If there is access to computer equipment needed to design and print marketing materials, participants will create a strategy to sell the Power Sticks (a store in Princeton would buy them if they are promoted as the product of a violence prevention program). Proceeds could be raised for other violence prevention causes.

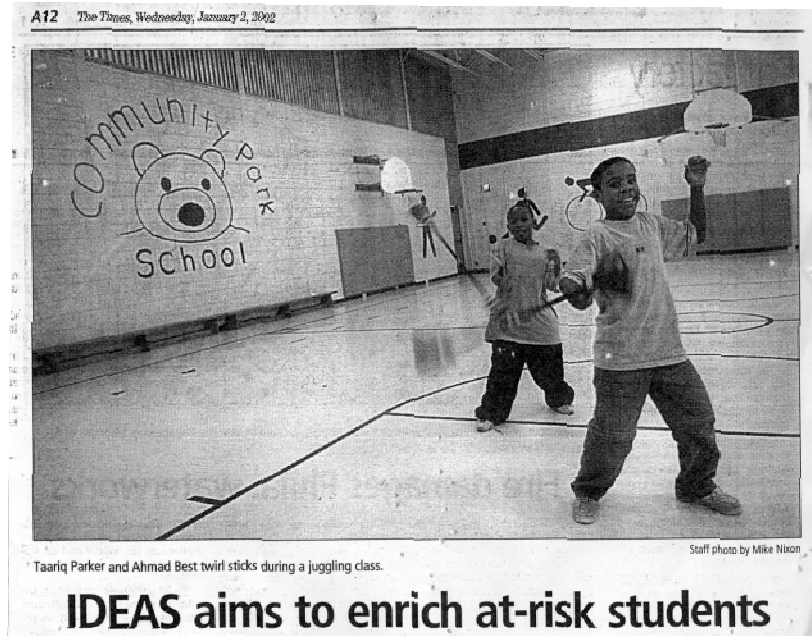
Juggling and Power Stick twirling activities are easy to learn and usually invite a lot of positive attention at community events from people, young and old, who like to have fun and be challenged, or just be entertained.

Volunteers who learn how to twirl Power Sticks and juggle, and then use their new skill to teach others, experience a powerful sense of pride and accomplishment that is good for self-esteem. Other benefits include time spent engaged in healthy, calming, non-competitive play, sharpened focus, improved concentration, development of hand-eye coordination, tracking and sequencing skills. These activities are also recommended by experts for 'redirecting aggressive play'.

**For more information please contact Sue Albert at The Learning Arcade
e-mail smilemaker@planet-save.com or call 609-577-7053**



The instructor has offered basic juggling and related craft workshops along with a positive message about power at the following community programs: Montgomery Community School, Princeton Regional Schools (IDEAS Program), Princeton Young Achievers, Princeton YWCA, KidsBridge Children's Museum, West Windsor-Plainsboro Community School.



IDEAS aims to enrich at-risk students