

Princeton University Campus Recreation Mission Statement

Princeton University seeks to provide its students, faculty and staff a full range of fitness and recreation programs. These programs can improve the quality of life on campus for the entire community; strengthen ties between and among undergraduates, graduate students, faculty and staff; provide opportunities for participation including; instructional sports, intramural sports, sport clubs, recreational fitness and wellness programs and informal recreation; help reduce stress experienced by those who live, work and study at Princeton; and improve the health and well-being of the campus community.