

Mary Rose Russo

From: Geosciences Graduate Students <GEOgrads@Princeton.EDU> on behalf of Jennifer J. Kasbohm <jkasbohm@PRINCETON.EDU>
Sent: Tuesday, May 07, 2019 5:18 PM
To: GEOgrads@Princeton.EDU
Subject: Register for PWiGS Workshop on 5/17: Growing Healthy Labs

Dear GEO & AOS Grads and Postdocs,

Please see below for an **upcoming workshop** sponsored by **PWiGS**, on **Friday, May 17 at 3-5 PM**. We ask that you fill out the google form to **register by this Friday, May 10**. Feel free to contact me with any questions - we hope to see you there!

Best,
Jenn, on behalf of PWiGS

Growing Healthy Labs



Friday, May 17

3–5 pm, Guyot Hall Room TBD

[Sign up HERE](#) by Friday, May 10

A healthy work environment is fundamental to good science, but we rarely discuss strategies for how to create and maintain one. Despite measurable and empirically-supported benefits associated with effective leadership, management, and mentorship for both advisors and trainees, most faculty are rarely trained in these skills. As a result, academic teams can lose time to unproductive interpersonal issues, lack of motivation, and unnecessary

conflict. These problems can lead to high costs in terms of money, productivity, mental health, and retention of talent, and often disproportionately impact students from groups underrepresented in STEM fields.

In response, [PWiGs](#) is pleased to offer a workshop on effective lab and personnel management for **graduate students** and **post-doctoral researchers**. The goal of this workshop is to help future principal investigators (PIs) become more effective at managing their research groups and creating inclusive spaces that develop excellent science and scientists.

In this workshop, participants will

- **learn** about recent research on the impact of leadership and lab culture on productivity and overall group well-being
- **consider** and **discuss** common evidence-based "best practice" strategies for effective personnel management
- **share** ideas and **practice** strategies for good supervision of trainees with other participants
- leave with additional resources for future self-education and formal training

Due to the interactive nature of the workshop, it is currently limited to 30 attendees. Priority will be given to members in the GEO and AOS Departments. To sign up, [please fill out this Google form](#) by this Friday, May 10.

We hope you will consider this opportunity to learn more about managing healthy, happy, and productive research groups that enable people of all backgrounds and identities to succeed. For more information, feel free to reach out to the Workshop Facilitator, Christine Y. Chen (ccy@mit.edu).

ABOUT THE FACILITATOR

Christine Y. Chen is a Ph.D. Candidate in the Massachusetts Institute of Technology-Woods Hole Oceanographic Institution Joint Program. She serves as a graduate student mediator through the Resources for Easing Friction and Stress ([REFS](#)) program at MIT, in which students provide low barrier, informal, confidential services to their peers in conflict management. In this capacity, she has undergone extensive training in conflict management and mediation through the Conflict Management@MIT program and has created and facilitated workshops on creating healthy research environments in academia. For her dedication to empowering her fellow students to develop as leaders and being an active mentor and coach to peers within the MIT community, she was awarded the MIT Larry G. Benedict Leadership Institute Award in 2019. When she is not busy serving as a REFS, Christine can be found pouring over tufa deposits as part of her geological research studying ancient lake basins in the western United States and central Andes.