Princeton University is more than a place of employment and education. It also offers lectures, readings, concerts, theater, music, films, exhibitions, athletic events, peaceful places of solitude, and ways to stay fit and healthy.

**Summer in Princeton**

Classes are not in session during the summer but the campus is alive with activity. More than 100 groups will bring 10,000 people to campus for conferences, meetings, practices and performances, summer programs, and camps. Overseen by the Office of Conference and Event Services, many of these events and programs are open to the public.

**Sports**

There are 22 sports camps on campus for middle and high school students, and some still have openings. For more information go to www.princetonsportscamps.com or call 258-3569. The University also offers the Campus Recreation Summer Camp for children ages 6–10. It begins on June 23 and ends on August 15 and is broken up into eight weekly sessions. There are still openings in all but the third through fifth weeks. For more information go to the website www.princeton.edu/~campusre/facilities/daycamp.html, e-mail recamps@princeton.edu, call 258-0880, or stop by Room 3 in Dillon Gym. Payment is expected with registration.

**Theater**

Several performing groups practice and perform on campus. Princeton Summer Theater, a Princeton University student performing group, presents an ambitious season from June through August. All shows are at the Murray-Dodge Theater and ticket costs are very reasonable (students and seniors get a special rate). The season includes Arcadia, June 12–15, 19–22; Bus Stop, June 26–29, July 3–6; An Inspector Calls, July 10–13, 17–20, 24–27; and Blithe Spirit, July 31–August 3, 7–10. In addition, two children’s shows will be performed: The Princess and the Porcupine, July 3–5, 10–12; and Snow White, July 24–26, July 31–August 2. Also, there is still room in the children’s workshops offered throughout the summer. For information about tickets, special events, season subscriptions, or group sales, call 258-7062 and leave a message or go to www.princetonsummertheater.org. After June 1, the box office will be staffed.

**Music**

The Golandsky Institute Summer Symposium and International Piano Festival will be on campus the third week in July. The festival will feature recitals by world-class performers, some of whom teach at the symposium. Nightly recitals will be held at 8 p.m. in Taplin Auditorium from July 13 through July 19 (no concert on Wednesday, July 16). Tickets are $25. To learn more, including artist and program information, visit the institute’s website at www.golandskyinstitute.org or call 877-343-3434.

Summer continued on page 6
Campus Recreation

Important Dillon Notes

**Dillon pool** is tentatively scheduled to be closed from May 7 to June 15 for draining and maintenance.

**Saturday, June 28:** Deadline for locker cleanout in Dillon Gym

**Sunday, June 29:** Locker cleanout; Dillon Gym closed

Tennis Anyone?

Recreational players may play on the 15 Pagoda Tennis Courts free of charge when they are not in use by the University varsity, junior varsity, and club teams, or a scheduled program/tournament. Courts are available from dusk to dark on a first-come basis. For more information call 258-5057.

Fitness Winners

Five events were held in the spring. The third annual **February Frenzy** drew 78 participants. Faculty, staff, and graduate student regional champs who advanced to the “Final Four” were Curt Hillegas and Joshua Proctor in the men’s bracket, and Jane Hunter and Ashley Miller in the women’s bracket. Proctor claimed the men’s title and Miller took the women’s.

The sixth annual **Fitness Challenge** was held on February 7. For the third year in a row, faculty/staff won the team competition. Individual winners were Jane Hunter, Robert Cooper, Joan Hsiao, and Gonzalo Aniano. Hunter took home the women’s title.

A **Get-A-Grip** bar-hang competition was held on March 6. Winners included Bernie LaFleur, Joshua Proctor, and Joan Hsiao.

The 2008 **Faculty/Staff Fitness Decathlon** was held from March 24 to April 27. On the men’s side, age-group winners were John Furtado, Curt Hillegas, and Tom Voigtzberger; on the women’s side, age-group winners were Cheri Drysdale and Joan Hsiao. The overall winners were Curt Hillegas (men) and Cheri Drysdale (women).

Reunions/Commencement Calendar for Dillon Gym

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thursday, May 29</td>
<td>6:30 a.m. to 8:45 p.m.</td>
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<tr>
<td>Friday, May 30</td>
<td>6:30 a.m. to 4:45 p.m.</td>
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<tr>
<td>Saturday, May 31</td>
<td>9 a.m. to 4:45 p.m.</td>
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<tr>
<td>Sunday, June 1</td>
<td>noon to 5:45 p.m.</td>
</tr>
<tr>
<td>Monday, June 2</td>
<td>6:30 a.m. to 8:45 p.m.</td>
</tr>
<tr>
<td>Tuesday, June 3</td>
<td>6:30 a.m. to 8:45 p.m.</td>
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</tbody>
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Group and Instructional Classes

Group Fitness, Yoga, and Spinning classes will continue in Dillon from Monday, May 12, to Sunday, August 31, on a limited basis. The summer schedules are available at [www.princeton.edu/campusrec](http://www.princeton.edu/campusrec). To give members more flexibility with their workouts, we’ll be using a punch card for all group fitness classes. Cards can be purchased starting May 12 in Dillon Gym, Room 3.

Our free trial week for Group and Instructional Fitness classes will begin on September 15 with new classes, new instructors, and exciting events. Mark your calendars now to get the fall semester off to a healthy start!

Springdale Golf Course

Faculty and staff may use the golf course after 2 p.m. on Tuesdays; before 10 a.m. and after 2:30 p.m. on Wednesdays; and anytime on Thursdays and Fridays (excluding holidays). Greens fees are $40 for 18 holes and, after 4 p.m., $30 for 9. You may not rent a golf cart but may rent a pull cart for $3 or use your own. To secure a tee time, call 924-3198 up to a week in advance.

Facility Memberships

The dates for recreational facility memberships will be July 1 to June 30 to coincide with the fiscal year. New memberships will go on sale on or about Monday, June 16. After purchasing a membership, your University ID will be programmed to serve as your permit card. Payroll deductions are available.

Links

For information about instructional programs, intramural sports, sport clubs, fitness (including The Fitness and Wellness Bulletin), and recreational facilities, go to [www.princeton.edu/campusrec](http://www.princeton.edu/campusrec).

Jane Hunter, from University Health Services, finished second in the women’s bracket of the February Frenzy. Joshua Proctor, a mechanical and aerospace engineering graduate student, won the men’s event.
Children’s Educational Assistance Plan

The University’s Benefits Committee has reviewed the Children’s Educational Assistance Plan and has increased the amount of the annual tuition grant for the 2008–09 academic year. The program provides assistance for an eligible employee’s child who is pursuing undergraduate study at an accredited two- or four-year college. For the 2008–09 academic year, the University will provide an annual grant of one-half tuition and mandatory educational fees, up to a maximum of $12,500 ($6,250 per semester, or $4,166 per trimester or quarter).

Detailed eligibility information is provided in the 2008–09 Children’s Educational Assistance Plan brochure. The brochure and application are available on the Human Resources website at www.princeton.edu/hr/ben/edassit.htm, or you may contact the Human Resources Benefits Team at 258-3302 or benefits@princeton.edu.

Introduction of New Investment Options in University Retirement Plans

New funds, known as Target Retirement Funds, will now be offered in Princeton University’s retirement plans. These funds are ideal for participants who lack the ability, interest, or time to monitor their asset allocation and want a single investment designed to build retirement assets. Each fund has a predetermined time horizon based on the retirement date that you select. The fund’s management uses regular rebalancing to maintain allocations and gradually make the asset mix more conservative as you near your targeted retirement date. This allows participants to take a “hands-off” approach. These “Target Retirement Funds” are available for new and existing participant accounts effective April 1 with Vanguard and January 1, 2009, with TIAA-CREF. Please call Elaine Richards at 258-9109 or e-mail to erichard@princeton.edu for more information about the funds.

Sloan-Kettering Joins Aetna’s Network

Effective April 1, 2008, the Memorial Sloan-Kettering Cancer Center joined Aetna’s network. This addition will increase member choice and improve hospital/physician access. For further information, contact Aetna directly by calling the toll-free number on your medical insurance card.

The Memorial Sloan-Kettering Cancer Center is also a participating provider through UnitedHealthcare’s Cancer Resource Services Program. To take advantage of this service, please call and speak with a nurse consultant at the Cancer Resource Services Center at 866-936-6002.

Questions? Please contact the Human Resources Benefits Team at 258-3302 or benefits@princeton.edu.

Continuing Education Classes at Princeton

University employees can take continuing education classes at Princeton University. Students in the program are completely integrated into regular courses and participate fully in classes, precepts, and laboratories. While this is a non-degree program, continuing education students receive an official Princeton transcript that can be presented for transfer credit at other colleges and universities or used to fulfill professional development.

To qualify, one must have worked at least half-time for six months at Princeton and be benefits-eligible to qualify for a reduced fee of $714 per class. Employees cannot be reimbursed through the Staff Education Assistance Plan for courses taken at the University. Those participating are encouraged to take only one course per term during working hours, subject to manager’s approval. Fall term deadlines are: June 20, 2008, for undergraduate courses and June 6, 2008, for graduate courses.

Visit the website at www.princeton.edu/community/learning/continuing; e-mail conted2@princeton.edu; or call the Program in Continuing Education office at 258-5226 for further information or to request a program brochure.

U-League Offers Summer Camp

The University League Nursery School, located at 171 Broadmead Street, is now accepting applications to its summer camp program, which runs from June 16 through August 15.

All 3-, 4- and 5-year-old children of University faculty, staff, and students are welcome to attend. The camp includes a morning and lunch session from 8:15 a.m. to 1 p.m., with options for extended-day (until 3:15 p.m.) and all-day (until 5:30 p.m.) sessions. For details, contact camp director Kay Houston at 258-9777.

There are also openings in the 3- and 4-year old program in the fall. Call the above phone number for more information.

Summer Swim Clubs Accepting Members

Two local swim clubs have a special affiliation with the University and are accepting new members. For more information about them and summer programs visit their websites:

Broadmead Swim Club, www.princeton.edu/~bsc/Pool_Base.html

Nassau Swim Club, www.nassauswimclub.org

For more information go to the Human Resources website: www.princeton.edu/hr
Health

UHS Summer Hours

Beginning June 9, University Health Services (UHS) hours will change for the summer.

Counseling, psychological services: M–F, 8 a.m.–4:15 p.m.
Employee health: M–F, 8 a.m.–4 p.m.
Inpatient services: closed June 4, reopens in September.
Student medical care: M, W, Th, F, 8:30 a.m.–4:15 p.m.; T, 10:15 a.m.–4:15 p.m.
X-ray: M, W, Th, F, 8:30 a.m.–4:15 p.m.; T, 10:15 a.m.–4:15 p.m.

May Is National Blood Pressure Awareness Month

Faculty and staff may visit Employee Health for a free and confidential blood pressure screening. Our clinical staff is also able to come to your department to conduct a group screening. The goal is to reduce illness and deaths from stroke, heart and kidney disease, and associated factors. Call Employee Health at 258-5035 to schedule an appointment.

Summer Safety Lunch and Learn

The sun is not the only safety concern in the summer months. In June, join Dr. Janet Neglia, associate director of Medical Services at University Health Services, as she discusses plant dermatitis, lightning strikes, and tick/bug bites as well as sun exposure and other summer safety topics. Look for the upcoming flyer for date and location or call Kathy Wagner, Health Educator, at 258-5137 for more information.

Sun Safety

As the weather warms up and more time is spent outdoors, following a few simple guidelines can ensure a healthy and fun summertime. Minimizing the amount of UV rays absorbed by your skin is one of the most effective ways of preventing skin cancer:

• Above all, whenever possible, avoid outdoor activities during midday when the sun's rays are strongest and the temperature is highest.
• Seek shade whenever possible.
• Wear a wide-brimmed hat to shade the face, head, ears, and neck.
• Apply and reapply as needed broad-spectrum (UVA and UVB protection) sunscreen with sun protection factor (SPF) of at least 15.
• Don’t forget sunglasses that block both UVA and UVB rays.

• Remember that UV rays from the sun penetrate clouds so it is important to protect yourself on cloudy days as well as on sunny days.

Osteoporosis Screening

Osteoporosis is a gradual thinning and weakening of the bones that can lead to bone fractures. Osteoporosis has no symptoms, however bone loss can be detected through bone density testing, and, if caught early, can be stopped or reduced through medical intervention. Employee Health is offering free osteoporosis screenings for faculty and staff June 25 from 1 to 5 p.m. and June 26 from 10 a.m. to noon. This screening is available for all, but is most appropriate for women over age 45, younger women who have passed menopause, men age 65 and over, and those with a family history of osteoporosis. If you have had a “central” bone density test of your hip and spine, then you do not need this screening test. Call Kathy Wagner, Health Educator, at 258-5137 for more information or to schedule an appointment.

Alcohol Report Available Online

The final report of the University Alcohol Coalition Committee and a link to the strategic plan can be found on the ACC website: www.princeton.edu/acc. The University-wide coalition was initiated by the Healthier Princeton Advisory Board and charged with taking a comprehensive look at issues related to high-risk alcohol use among undergraduates.

International Travel Planning

Faculty and staff may schedule a travel planning appointment by calling Employee Health at 258-5035. Please schedule a visit for four to six weeks before the date of travel.

Did you know?

Health Screenings

Faculty and staff may make an appointment with Employee Health at any time for free and confidential health screenings. Additionally, clinical staff can visit your department to conduct a group screening. The screenings include: blood pressure, diabetes (glucose), and cholesterol.

Please call Employee Health at 258-5035 to make an appointment. For details, contact University Health Services at 258-5137 or check the UHS website at www.princeton.edu/uhs and click on Faculty and Staff, and then Health Promotions and Wellness Programs.

For more information go to the University Health Services website: www.princeton.edu/uhs

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Summer Hours

The Princeton University Chapel is open during the summer from 7 a.m. to 3 p.m. Ecumenical Christian services are held in the chapel throughout the summer. Note that services during the summer begin at 10 a.m. on Sunday mornings rather than at 11 a.m. during the school year. The Muslim Prayer Room and the Interfaith Meditation Room on the third floor of Murray-Dodge are open during regular business hours. All are welcome to come to these peaceful places for meditation and prayer.

Carillon Concerts

The 16th annual Summer Carillon Series will take place on Sunday afternoons beginning at 1 p.m. from June 29 through August 31. The free lawn concerts are held at the Grover Cleveland Tower at the Graduate College, off College Road in Princeton, and performed on the University’s Class of 1892 Bells, which is the fifth-largest carillon in the country. For more information, call 258-3654.

Places of Peace

Even within the fast-paced life at Princeton there are places of peace where individuals can sit quietly and meditate, pray, or reflect. The University Chapel is open daily. This beautiful and sacred place is an oasis in the middle of campus and people of all faiths are welcome in its sanctuary. In Murray-Dodge Hall there are two prayer rooms on the third floor. The Muslim community gathers throughout the day to pray in the Muslim Prayer Room, while Hindus and Buddhists use the Interfaith Meditation Room. All are welcome in this prayer room, which is equipped with meditation mats and reading materials from many faith traditions. Silence is maintained in the room and shoes are left outside.

There are also various gardens throughout campus that are ideal spots for taking a reflective moment. Favorites include the 9/11 garden (located on the west side of East Pyne Hall where it connects with Chancellor Green), Prospect Gardens, and the Class of 1960’s courtyard garden behind Murray-Dodge Hall. All are encouraged to take time to calm the spirit and clear the mind in these places of peace.

Summer Barbecues at Prospect House

Summer barbecues are back at the Tap Room at Prospect House. The barbecues will kick off on Thursday, June 5, and run every Thursday until August 21. Reservations are not required; the cost is $8.25 per person. For more information, please visit www.princeton.edu/prospecthouse.

New at Frist Campus Center

Witherspoon’s on the 100 level between the Welcome Desk and Café Vivian features Small World roasters coffee, ice cream and sorbet from the Bent Spoon, and pastries baked in the University’s own bake shop. The C-Store is now located between the west TV lounge and package pick-up and features an expanded selection of refrigerated and frozen convenience foods as well as milkshake and frozen drink machines. Café Vivian is going green. After renovations this summer, Café Vivian will reopen with a new menu focusing on sustainability that will include a grain bar, brick-oven flatbread pizza, and a deli featuring organic meats and cheeses and freshly baked breads.

Campus Organic Garden

As part of the University’s sustainability efforts, a student group called Greening Princeton, the Facilities Department, the Princeton Environmental Institute (PEI), and the Office of Sustainability are again partnering with Forbes College on an organic garden. Managed by a Princeton student, the Forbes garden project goal is to not only grow crops but to offer student activities year-round and to increase interest in sustainable agriculture.

Dates for Fall Campus Farmers’ Market

The dates have been set for next fall’s Farmers’ Market. It will again be held on the Firestone/Chapel Plaza on Tuesdays, September 16 to October 21, from 11 a.m. to 3 p.m. Featuring a wide range of organic, sustainable, and/or locally grown or made produce and products, the market is organized by Greening Princeton (a student organization devoted to improving environmental sustainability), the Office of Sustainability, and Dining Services.

Princeton Featured in Food Management

Director of Dining Services Stuart Orefice graced the cover of the March issue of Food Management, a monthly magazine serving professionals in the noncommercial food-service market, which includes colleges and universities. The magazine featured the University’s Department of Dining Services as it restructures to serve the needs of the four-year residential colleges. To view the full article go to food-management.com/fm_innovator/princetons_new_dining_plan.

For more information go to the Religious Life website: web.princeton.edu/sites/chapel
For more information go to the Dining Services website: www.princeton.edu/food
Frist Campus Center Summer Hours
June 4 to August 29, 2008
Monday to Friday: 8 a.m. to 5 p.m.
Saturday and Sunday: Closed
The Frist Campus Center will be closed on Friday, July 4, for Independence Day. Frist will close at 6 p.m. on the following Wednesdays for the Frist Summer Concert Series: June 11, June 18, June 25, July 2, July 9, and July 16.

Frist Summer Concert Series
The Frist Campus Center will once again present its annual summer concert series. The free concerts will take place at 4:30 p.m. on the Frist South Lawn (rain location: A Level) on the following six Wednesdays: June 11, June 18, June 25, July 2, July 9, and July 16.
The concerts are open to the public and will feature genres from jazz to rock. Refreshments will be provided. For a complete listing of performers, please visit the Frist Campus Center website at www.princeton.edu/frist in early June.

Summer Concerts at Richardson Auditorium
Princeton University Summer Concerts will present four concerts through June and July starting at 8 p.m. at Richardson Auditorium in Alexander Hall. The summer program includes:

Tuesday, June 17: Peabody Trio
Thursday, June 26: Escher Quartet
Thursday, July 10: Parker Quartet
Tuesday, July 15: Aulos Ensemble

Free tickets will be available at the Richardson Ticket Office beginning at 6:30 p.m. on the evening of each performance. For a complete listing of dates and performances during the summer at Richardson Auditorium, please visit www.princeton.edu/richaud or call 258-5000.

Transportation and Parking Services
Parking services at Princeton gets a makeover! As of July 1, 2008, the department’s name will change to Transportation and Parking Services. Newly expanded office hours will be 8 a.m. to 6 p.m., Monday through Friday, beginning August 18. Transportation and Parking Services is committed to providing reliable, safe parking and transportation services that both enhance the quality of life while promoting sustainability, accessibility, and mobility on campus for the Princeton University community.

For continued updates, please visit the Transportation and Parking Services website at www.princeton.edu/parking or www.princeton.edu/transportation.

Labyrinth Books Events
Labyrinth Books hosts a variety of book discussions and author events in the store located at 122 Nassau Street and around town. For a schedule of upcoming events, visit www.labyrinthbooks.com and click on the calendar of events link.

Campus Programs, Lectures, and Performances
The University offers a wealth of programming throughout the year. Most of the programs, lectures, exhibits, and performances are open to the public and many are free or offered at a reasonable fee. For more information go to the following University websites:

Art Museum
Lewis Center for the Arts
Princeton University Libraries
Princeton Weekly Bulletin
Calendar of Events
Public Events Calendar
Public Lecture Series
University Ticketing (includes most University venues including athletics)
Woodrow Wilson School of Public and International Affairs

Summer in Princeton continued from page 1
Two opera groups will be here this summer. The Princeton Festival will practice on campus and perform at McCarter Theatre and other locations on campus and in Princeton. The season features the music of France during La Belle Epoque (late 19th century until World War I) with La Bohème on June 21, 27, and 29 at McCarter and Mirette (a new musical by the composers of The Fantasticks) on June 14, 20, and 28 at the Matthews Acting Studio at 185 Nassau Street. These will alternate with jazz, piano, organ, chamber music, and lectures. For more information call 537-0071, or go to www.princetonfestival.org. Get tickets at the website or by calling 800-595-4849. New Jersey Opera will be on campus and perform three operas at McCarter Theatre. Their season features La Traviata, La Cenerentola (Cinderella), and The Merry Widow. The season runs Friday through Sunday, July 11 to 27. Three free concerts also are offered: the Summer Preview Concert at the Princeton Public Library on June 19 and two Musical Theater Concerts on Palmer Square on June 27 and 28. For more information, visit www.opera-nj.org or call 799-7700. Performance tickets are sold directly through McCarter Theatre at www.mccarter.org or by calling 258-2787.