Over intersession in January 2015, a group of young theater alumni and current theater students were led in an immersive nine-day workshop by the visionary Greek director and performer Martha Frintzila in which they developed solo performance storytelling versions of selected fifth Century Athenian Tragedies. The focus of this workshop was on the participant, who, beginning with the reading of the tragedy and proceeding to its narration and interpretation, was required to at once become an actor, dramatist, and director. Please join us for a conversation about and demonstration of the fruits of this extraordinary process.

Greek theater director, actress, and singer Martha Frintzila is based in Athens. She has worked on a diverse range of projects including theater and music performance direction, chorus coordination and music advising. With a commitment to research and theatrical experimentation, she has created numerous productions of ancient Greek drama and classical and modern theater internationally. Frintzila is a founding member of Kratiras Arts Space and the founder of Baumstrasse Studio, a multi-purpose space of theatrical and musical research with a specialization in ancient Greek drama. Dedicated to teaching, she often gives lectures and seminars on various topics of theater and vocal music in Greece and abroad with a specialization in teaching voice and the psychology of voice to singers, actors, and theater companies. Frintzila is the director of Dromos me Dentra theater group in Greece and an acting teacher at the National Theatre of Greece. She is the lead singer in the Kubara Project and Stacy Bands. As a singer and actress, she has performed in festivals and concerts in Europe, the U.S., China, the Middle East, and Cuba. Frintzila has also been a valuable teaching resource for theater and other courses at Princeton that have included travel to Greece, such as the summer 2012 Global Seminar, “Staging the Greeks,” cosponsored by the Seeger Center for Hellenic Studies, the Lewis Center for the Arts, and the Princeton Institute for International and Regional Studies.