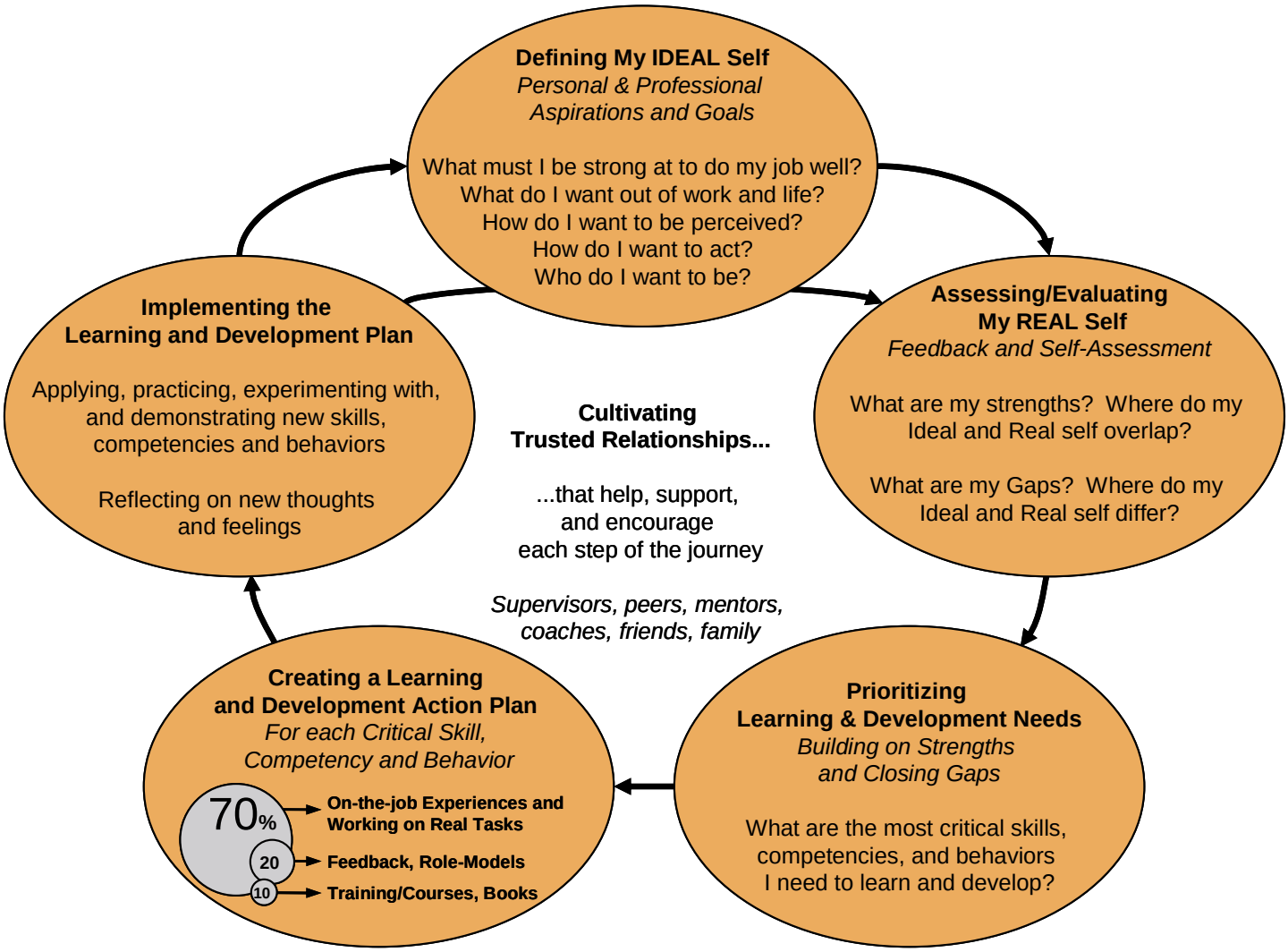The Learning Process