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Guayaquil, Ecuador
Work Responsibilities in the ITB Box Médico

● Assisting the doctor and nurse with their daily responsibilities

● These include:
  ○ Inventory
  ○ Medical histories for the students
  ○ Taking blood pressure
  ○ Assisting with “curaciones”
  ○ Entering patient information and pertinent notes into the computer system
  ○ Preparing and delivering injections
  ○ Attending to minor emergencies
Colleagues at work
Most rewarding part of my experience

- Getting to know my colleagues and supervisors on a close personal level
- Learning how to handle a completely Spanish work environment
- Interacting and connecting with patients on a daily basis
- Having the flexibility to travel on the weekends and better get to know the people and culture of Ecuador through these short trips
Suturing practice and more
Impact

- Generally helping the clinic run more efficiently and effectively by adding an extra set of hands and eyes
- Near the end of my internship, I helped teach a colleague of mine about the daily workings of the clinic so that he could take over the responsibilities of the previous nurse who had been moved to a different location
Homestay family and Spanish class
Academic and career plans

● Reinforced my interest in a health-related career path

● Allowed me hands-on clinical experience

● Opened my eyes to the possibility of working in Latin America or another Spanish-speaking region in the future

● Gave me the confidence to pursue other Spanish-speaking work opportunities in the short term

I will definitely be returning to Princeton with a renewed energy and excitement about my Woodrow Wilson School/pre-med track.
Exploring Ecuador
Overall, this internship was an amazing experience. I was given a lot of responsibility from the start and faced many obstacles throughout the eight weeks—most notably the language barrier—but in the end I learned a lot about how to adapt to new environments and tackle challenges in the workplace. I am extremely grateful to my colleagues and supervisors at work who were incredibly welcoming and helped to make this internship so remarkable.