The expanding role of dopamine

Evidence increasingly suggests that dopaminergic neurons play a more sophisticated role in predicting rewards than previously thought.

BRADLEY B DOLL AND NATHANIEL D DAW

The problem with this well-studied framework is that humans and rodents can learn about rewards in many ways other than by direct experience (Tolman, 1948). Computationally, these capabilities have been understood in terms of “model-based” learning methods, which draw on knowledge of task structure to anticipate possible rewards that have never been directly experienced. Due in part to the support for a tidy, closed-loop picture of dopamine’s involvement in reward prediction, researchers have tended to assume that such capabilities arise from some separate, more sophisticated brain system. Now, in eLife, Brian Sadacca, Joshua Jones and Geoffrey Schoenbaum indicate that these more sophisticated learning capabilities instead arise within – or at least impinge upon – the dopaminergic learning circuit itself (Sadacca et al., 2016).

Sadacca et al. – who are based at the National Institute on Drug Abuse, University of Maryland School of Medicine and Johns Hopkins School of Medicine – recorded spiking from dopaminergic neurons while rats performed a task designed to defeat simple model-free learning. The task, called sensory preconditioning, assesses the rats’ ability to associate a stimulus (for example, a clicker) with a reward without ever experiencing the two together (Figure 1). To do so, a rat needs to integrate experiences from two separate training phases. First, in a “pre-conditioning” phase, the clicker was paired with another neutral stimulus (for example, a tone); then, in a “conditioning” phase, the tone (but not the clicker) was paired with a reward. Not only was the clicker never paired with the reward, it was not even paired with a reward-
predicting stimulus, since the tone’s relationship with reward was established at a later stage.

Nevertheless, in a test phase, rats demonstrated (by visiting a food cup where a reward had previously been delivered) that they associated the clicker with reward. This capability is well known; more surprising was that these reward predictions could also be seen in the responses of dopaminergic neurons to the clicker. This result complicates dual-system explanations, which state that model-based inference occurs separately from the dopaminergic reward learning system. It also speaks against the traditional closed-loop account of dopaminergic learning, in which the circuit should only know about reward predictions it has taught itself via direct pairings.

This result adds to a series of studies suggesting that responses in dopaminergic neurons and associated areas report more sophisticated reward predictions than theory suggests (Bromberg-Martin et al., 2010; Daw et al., 2011). Key challenges going forward are to understand how this information gets into the circuit, and what neural computations produce the information in the first place.

These questions might have the same answer if at least some of an animal’s sophisticated learning capacities actually build upon a dopaminergic foundation. This perspective is supported by work in humans that suggests that the dopamine system also helps to produce similar integrative inferences about rewards (Deserno et al., 2015; Sharp et al., 2015; Doll et al., 2016). There are several (not mutually exclusive) possibilities for how dopaminergic learning might contribute to these integrative predictions.

One possibility is that inferences made during the test phase cause the rats to expect a reward when they hear the clicker. Model-based learning theories envision that the brain retrieves successor stimuli (here, the clicker would evoke the tone) as a sort of mental simulation that helps to predict reward. Evidence of such retrieval has been demonstrated using fMRI in humans (Doll et al., 2015). Though this mechanism need not involve dopamine, it could: the usual dopaminergic learning circuit could map the evoked representations to a reward.

The association of the clicker with the reward could also have already been made earlier in the experiment. Though Sadacca et al. believe this is unlikely in their study, two broadly applicable mechanisms for this process have been suggested. One possibility, supported by a human fMRI study of a similar sensory preconditioning task (Wimmer and Shohamy, 2012), is that associations between the clicker and reward could already form in the conditioning phase (during which the rats learn to associate a tone with a reward). If presenting the tone called to mind the clicker, which preceded the tone in the first training phase, dopaminergic learning could associate the reward that followed with both stimuli.

Mentally rehearsing clicker-tone and tone-reward sequences after the conditioning phase (but before testing) could also allow the brain to...
learn the relationship between the clicker and reward. Replay of previously experienced events has been observed in neural recordings during sleep and quiet rest. If the brain treated such mock experiences like real ones – allowing them to drive dopaminergic responding and learning – this too could drive the integrative association (Gershman et al., 2014).

In all, the venerable framework of dopaminergic reward learning may have more explanatory power than originally thought, as the results of Sadacca et al. suggest that it might point toward explanations even for cases that were thought to challenge it.

Bradley B Doll is in the Center for Neural Science, New York University, New York, United States
Nathaniel D Daw is at the Department of Psychology and Princeton Neuroscience Institute, Princeton University, Princeton, United States
ndaw@princeton.edu

http://orcid.org/0000-0001-5029-1430

Competing interests: The authors declare that no competing interests exist.

Published 21 April 2016

References