



OA 30th Anniversary Reunion

July 21 - 24, 2004

Day Activities – Thursday - Sunday

We have put together a great “unscheduled” schedule for your stay. Each day we’ve got a range of organized activities planned and you’re also free to head out on your own hikes with friends or just hang out in the lodge enjoying a quiet morning on the porch. There are more than twenty great hikes into the White Mountains right from Crawford Notch. Here is a list of just some of the options we’ll have for you.

- ◆ Early morning Bird Walks
- ◆ Sunrise Yoga & Stretching
- ◆ All Day Hikes
- ◆ Morning or Afternoon Hikes
- ◆ Naturalist Hikes – wildflowers, forest ecology, animal tracking
- ◆ Activities for families & children

Optional Day Trip Activities – Friday, July 23

Mountain Biking (Beginner - Advanced)

Great Glen Trails Outdoor Center is the backdrop for our optional mountain biking adventure. Great Glen Trails Outdoor Center is the perfect place for a day of easy riding on twenty miles of scenic trails. It’s definitely family-friendly. The complex features an easy to use, well-maintained and well-marked, packed gravel bike trail system that crosses beautiful fields, North Country woodlands, parallels scenic rivers, beaver bogs, and rewards you with spectacular views of Mt. Washington and the Northern Presidential Range.

Great Glen also offers a variety of trails for advanced riders. You can find single track riding scattered all around our carriage road style trails. Ranging from .2 kilometers to 5 kilometers long, we have trails that will keep you busy for hours. The skills park was designed for riders to test their skills that they would use out on the trail, but in a more friendly and reusable environment. Located less than a kilometer from the base lodge, the skills park will test your riding on double fall line corners, riding rocks, sand, logs, and other man made elements. Try it for time, or ride the toughest line as smooth as possible.

Canoeing or Kayaking (Beginner to Intermediate)

Enjoy a relaxing flatwater paddle on the Androscoggin River. This half-day adventure is designed to show you a beautiful piece of the Androscoggin River east of Gorham, New Hampshire. Choose a canoe or a single or double kayak. The backdrop for most of the trip is the Mahoosic Mountain Range, some of the most challenging hiking of the Appalachian Trail. This stretch of river is underused making for great wildlife viewing opportunities. It’s not unusual to see deer, moose, river otters, blue herons, ducks, bald eagles, and owls on this stunning stretch of river.

Rock Climbing (Beginner to Intermediate)

We’ve partnered with the International Mountain Climbing School (IMCS) one of America’s top climbing guide services, for a day of top rope climbing. We’ve selected two day trips; one is a full day trip at White Horse and Cathedral Ledge in North Conway and the other is a full or partial day trip at the Elephant’s Head within walking distance of the Highland Center. Both trips are suitable for beginner to intermediate climbers and all equipment and instruction is provided. Elephant’s Head is a particularly good area for kids from 5-10 years old, and families can choose to spend all or part of the day there.

Mt. Eisenhower Summit Hike – Saturday, July 24

As a special event for OA's 30th we have scheduled a summit hike to Mt. Eisenhower. At 4,780 feet, Mt. Eisenhower is one of the most spectacular summits in the White Mountains with 360 degree views across the Presidential Range. The full hike on the Crawford Path to Mt. Eisenhower is 8.6 miles round trip and has an elevation gain of 2,650 feet from the Highland Center. There are several other shorter hikes for those who want a more relaxing day or for families with younger children. Since this is the White Mountains weather can be unpredictable so everyone should bring proper clothing for the hike. Details will be provided in the equipment list. Following the hike we'll have a reception back at the Highland Center followed by dinner and a fun evening reliving OA's history.

Community Service Trail Project

As part of our time in the White Mountains we want to give something back to the environment. We'll be working with the AMC and the White Mountain National Forest on a local trail project that will be scheduled some time during our stay.

Evening Activities

The fun doesn't stop when the sun goes down. After a great dinner we'll have evening activities including speakers on nature and the environment, a talk about the history of the Appalachian Mountains and the AMC, music and singing and a very special slide show on Saturday night – 30 Years of OA Adventures.

Food & Lodging

The AMC Highland Center

The Highland Center sits in Crawford Notch in the White Mountain National Forest outside of Bretton Woods, New Hampshire. With its magnificent mountain views and all-inclusive accommodations, the Highland Center makes it easy to explore nature first hand as you relax in comfort. There are two lodging options, comfortable shared bunkrooms with shared bathrooms or semi-private guestrooms with private baths. Due to the incredible popularity of this program and the space limitations we will be using every bed. If you don't need the full complement of beds in your space we'll assign other people to your room. Couples will be placed in rooms with another couple. Solo participants will be assigned bunkmates with people of similar age (just like freshman year). Lodging options will be filled on a first-come, first-served basis and if one type of lodging option is filled we will direct you to the other available types. Every effort will be made to honor roommate requests. There are no phones or televisions in the rooms. The Highland Center is a non-smoking facility.

Meals

All meals are provided by the Highland Center. Plan to eat heartily each day to keep your energy up for an active weekend. Breakfast is served buffet style and includes eggs, pancakes, bacon, sausage, ham, home fries, home baked items, and the Base Camp Cold Bar with yogurt, fruits and cereals. Organic coffee, tea, and juices are provided. Lunches each day will be a hearty trail lunch to eat indoors or take along wherever the day takes you. Lunches include pre-made deli or vegetarian sandwiches, homemade desert and a drink. Chef Matt prepares two entrées each night for dinner, a vegetarian option and a non-vegetarian along with fresh-baked bread. Vegetable platters and homemade desserts round out the evening meal.

Children

Families are encouraged to participate since many of the activities are suitable for children. The Highland Center has easy day hikes right out the front door and their onsite naturalists offer a range of programs for children. Children under 4 must be accompanied by a parent on all Highland Center programs.