# **Outdoor Action Program**

# **Technical Skills Trainer Application**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class:\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_

PART I: Skills and Experience

**1. Outdoor Action Leader Training Requirements**

|  |  |
| --- | --- |
| ▢ **First Aid Certification** (indicate highest level)**:**  Course: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Mo/Yr:\_\_\_\_\_ Expires Mo/Yr: \_\_\_\_\_\_ |  |
| ▢ **CPR** Expires:\_\_\_\_\_\_ | ▢Authorized Van Driver (optional) |
| ▢ **Facilitator’s Workshop** | Mo/Yr: \_\_\_\_\_ |
| ▢ **Leadership and Group Dynamics Workshop** | Mo/Yr: \_\_\_\_\_ |
| ▢ **Leader Training Classes** | Mo/Yr: \_\_\_\_\_ |
| ▢ **Leader Training Trip** | Mo/Yr: \_\_\_\_\_ |
| Your Leader Trainers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |

**2. Outdoor Action Trips you have been on**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Dates | Location | Activities | Leader/  Participant | Comments |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

**3. Do you have any other relevant multi-day Wilderness Experience? If so please list below.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Dates | Location | Activities | # days | Organization  (NOLS, OB, BSA) | Leader/  Participant/  Personal Trip |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**6. Technical Skills Self-Evaluation:**

Please rate your ability or knowledge in each area on the following scale:

1 = Comfortable w/ co-leader assistance

2 = Comfortable Solo

3 = Comfortable in Difficult Conditions/Bad Weather/Dark

4 = Comfortable Teaching to Others

**1. Tent/Tarp Set-up**

Overall \_

Grommets / Tension Pts. \_

Bad Weather Tarp Set Up \_

**2. Knots**

Bowline \_

Truckers Hitch \_

Taut-line Hitch \_

**3. Bear Bagging** \_

**4. Stove Use** \_

**5. Stove Repair**

Stove Mechanism Repair \_

Pump Mechanism Repair \_

**6. Map Reading** \_

**7. Compass and Navigation** \_

**8. Equipment – Care & Use**

**Pack Fitting**

Internal Frame \_

External Frame \_

**Pack Repair** \_

**9. Water Management Techniques**

Aqua Mira \_

Filter – Platypus (clear) \_

Filter – Sawyer (gray) \_

## Essay Questions:

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1. **Why are you interested in becoming a Technical Skills Trainer?**
2. **Describe any other Teaching experience you have outside of OA.**