A Letter from the Commodore

As my time as Commodore comes to an end, I realize just how short a year really is—just as I am beginning to get a hang of this job, I find myself passing it off to someone else. Hopefully, I’m leaving the position with the team a little better off than when I took the reigns. These past two seasons have been at times fun and exciting—when qualifying for the War Memorial Regatta or during the recruiting season, and at times nerve-racking and frustrating—when the wind on the day of boat moving decides to gust 40 knots. Over this past year, I feel that the team has grown both on and off the water. I’m still excited about all of our wonderful freshmen recruits and their potential which will be realized in the seasons to come.

I’ve learned a lot during my stint as Commodore—about sailing, the team, dealing with higher ups and complaints from below, and about myself. Knowing all the challenges that come with helping run a sailing team, I have great confidence in the newly elected officers who are all filled with enthusiasm and dedication, and I can foresee that they will bring the team to a whole new level of competition. I would also like to thank all of the officers I served along side this past year, without whom the team wouldn’t function. While often performing thankless tasks, these officers have helped the team to continue to grow.

Looking forward to the spring,

Tracey Harrop ’07

Regatta Report

— Natalia Balko ’07

The Princeton Sailing Team had quite a successful fall season. We had a great recruiting turn out, thanks to the hard work of Powell Fraser ’06, Tracey Harrop ’07 and Nick Burroughs ’08. With a fully-rigged FJ outside of Dillon Gym for the Fall Student Activities Fair, we attracted a lot of potential sailors. Many of these sailors have become active participants on the team.

Our first weekend of sailing brought our first important regatta. Powell Fraser, Tracey Harrop, Nick Burroughs and Natalia Balko ’07 sailed at Central #1, our first quali-

See Regattas, page 6

New Officers

Officer elections were held on November 28th. Thank you and congratulations to all who ran. Please join us in welcome our new officers for the 2006 seasons:

Commodore: Nick Burroughs ’08
Regatta Captain: Sarah Langberg ’09
Practice Captain: Brandon Racusin ‘09
Treasurer: Ted Conbeer ‘08
Secretary: Whitney Davis ’09
Fleet Captains: Peter Jarow ‘08
Joe Codega ’09

CHECK OUT WWW.PRINCETON.EDU/~SAILING AND THE NEW TIGERNET EMAIL LIST!
As I become Commodore, I am very glad to be inheriting a well-run team from Tracey Harrop. Under her leadership, we led a successful fall season, qualifying for the War Memorial regatta. We've also received the additional good fortune of a particularly dedicated class of freshmen sailors. Many of the freshmen have become officers, and they will surely form a strong core for the team in coming seasons. However, I am not one to sit on my laurels, or spend much time sitting down at all, and I see many ways to improve the team in the spring season.

During the past year I noticed in my role as Practice Captain that far more people sign up to attend practice than actually attend. For example, more than fifteen people indicated they'd practice on Wednesdays this fall, but in the end we only had six sailors. I expected a certain number of the freshmen to drop the team when they realized sailing involved water, but I hoped that we'd have a core group of ten or twelve sailors left over. While we had good practices considering the numbers, sailing against two other boats in practice bears no resemblance to sailing against seventeen other boats, especially when many contain All-Americans at the War. Therefore, in the upcoming season we will require all regatta attendees to attend at least two practices per week, and try to make practices more exciting for those that come.

In the past I believe the team stringently enforced a no practice, no regattas rule, and I hope adding such a level of seriousness will once again lead us to the success of past Princeton Sailing Teams without detracting from the relaxed and fun atmosphere we try to create. While all will still be welcome to attend practice, the rule extends the privilege of attending regattas only to sailors who dedicate themselves to improving their racing abilities.

We also hope to create some extra excitement by regularly introducing new drills and adding team racing to our repertoire at practice and in regattas. Our new Looking Foward

-Nick Burroughs '08

Practice Captain, Brandon Racusin, aims to teach us to some drills he learned while sailing for the Chicago Yacht Club and St. Ignatius College Prep. New drills will probably be of a team racing nature as we'll compete in at least one 2 v. 2 and maybe a 3 v. 3 team race regatta this spring. 2 v. 2 team racing has been introduced by MAISA for the upcoming spring season to encourage more teams, particularly smaller teams like us, to participate in team racing. We've had one chalk talk exclusively on team racing so far, and intend to continue chalk talks throughout the winter and next season. People seem enthusiastic about team racing, and I'm hoping its addition to our team will get people excited about sailing even in the frigid first week of March.

My final goal is to make the team more organized. While I think the team, particularly this past fall, has been well organized, organization remains an area in which there can always be improvement. Personally, I must admit that I am not a naturally organized fellow, but my love of sailing has inspired me to become a man of calendars, lists,
A First Regatta Experience
– Sarah Langberg ‘09

When I first came to Princeton, I never even imagined that sailing would be a large part of my life here. I assumed that Princeton was all about the academics. What I didn’t initially see, but am so glad to have realized now, is that Princeton is about community – and I can think of no greater community to be a part of than the Princeton University Sailing Team community.

To get a taste of the team, I came to the first meeting of the year on an obscure late Monday night in the distant geosciences building. It was quite a whirlwind of activity; sign up here, come to Raritan at this time, register now, etc. I heard a voice from the front ask “who here has some sailing experience and wants to come to a regatta this weekend?” I was a little bit timid, but decided sure, why not, I can…sail. So I raised my hand, and next thing I knew, I was in a car with 4 upper classman on the way to Long Island Sound for Webb Institute’s Coho Memorial. Everyone on the ride up was really nice, briefing me about all things college sailing. As a fresh-faced freshman, I was uber excited, but a bit overwhelmed. Things moved along relatively fast at Webb, with a bunch of really relaxed people just hopping in their 420’s and doing their thing. I was paired with a guy dubbed “the nicest guy on the sailing team” by our then Regatta Captain (Julia Peppiatt ‘08), a guy who happens to be our newly elected Treasurer, Ted Conbeer ‘08.

Though I was not too confident in this sailing situation, I embarked on a tiny ship into roughly 15 knot winds. Now, having not sailed for a few months, let alone in a real race, this was all very intense. In high school I had sailed 420’s, but I had been lucky enough to use a trapeze. That lovely piece of equipment allowed me to use my entire body weight to hold the boat down in high winds – let alone strap me in with a solid harness. Without this comfort harness in the college 420, I was not just in new territory, but on high seas without a “lifeline.” Lucky for me, I had Ted. Ted had just gotten back from being an “Outdoor Action” camping leader and apparently was used to calming down nervous freshman in intense outdoor recreational activities (read: me). With a call and response chant, he got my mind off of the howling winds and on to how much “I LOVE THIS STUFF.” A bit silly when I say it out loud now, but highly worthy when I was near tears in such heavy winds. Thank goodness Ted and wind were there, and the boat was kept flat!

The event turned out amazingly. Ted and I managed to beat West Point – but let’s just leave it at that! But what I gained from my first Princeton University Sailing Team Regatta was more important than that lovely 7th place finish. I gained trust in a fantastic skipper, and upon return to the eager-to-hear-our-news team, a place in the Princeton Sailing Community.

After that first intense regatta, I was more than eager to go to more. I sailed at Kings Point and Dartmouth this season, and am beyond excited for many more regattas in the season to come. I have learned so much about sailing this fall season from helpful, knowledgeable, and more than friendly fellow teammates, and have found my place here at Princeton – on the best Sailing Team around.

Opposite and Above: Keeping steady in the puffs
NOTES FROM THE AFTERGUARD

Jonathan Foot ’84 wrote in December to say he was just back from 10 days on a Swan 46, sailing between the Canary Islands and Cape Verde, off the West Coast of Africa. He was helping John Marshall ’87 move his boat part way back from the Mediterranean to the Caribbean. John and his wife, with three young boys, have been living and cruising on the boat for over 1.5 years now. Writes Jonathan: “Quite the adventure.” Tom Meyer ’87 will be sailing with John and family on the Transatlantic part of the trip.

Sterge Paradakis ’94 and Alison Aubrecht ’97 recently bought a house in the Baltimore region. Sterge (finally) finished his post doc days and became a permanent staff researcher this Fall, and Alison is teaching undergraduates and supervising the clinical work of graduate students at Loyola College, having finished her PhD in psychology. Alison reported that Sterge was sailing his 505 every other weekend through Thanksgiving. They are both thrilled to be living in close proximity to the water and are now members of the Severn Sailing Association in Annapolis.

Frank Flannery ’97 and Gretchen Kaiser ’97 are joining John Marshall ’87 in seeking out and attaining the most admirable and enviable lifestyle on the high seas. Frank and Gretchen have been sailing on their J40 Infinity for far longer than most of us can imagine…. Most recently, they spent six weeks cruising the Maine coast this Summer before heading back south, visiting with Emily Kalkstein ’98, Sarah Nestor ’98, Juliana Gamble ’99, and Alison and Sterge along the way. Let us know where you’ll be this winter, so we can come join you!

Graham Elliott ’01 wrote to say he is now working in Malta full time on the completion of a five star hotel and marina complex. He noted that it was great to catch up with Jason Balich ’00 and Anoop Gupta ’01 over the summer and stated: “I extend the invitation to all Princeton sailors past and present to drop by if they are ever in the area.”

Michele Maxson ’01 is teaching at a private school in Northwest DC, close to Georgetown, and she’d be happy to host the team when they’re in town. She’d also love to get back out on the water and do some racing this coming Spring, so DC area alums should get in touch (ed. She’s a great crew!): memaxson@alumni.princeton.edu.

Julie Bert ’05 was the first place skipper in the Shanghai Boat and Yacht Club’s annual fall race series. The series took place over three weekends this past Fall. Julie is working as a teacher in Shanghai and sailing at the Shanghai Boat and Yacht Club, which is the only organized sailing organization on China’s mainland.

NEW TIGERNET PRINCETON SAILING EMAIL LIST – FREE FOR ALUMNI


After you log in, click on the “Other Interests” category and join the new, FREE TigerNet Princeton Sailing email discussion group: “princeton-sailing.”

From there you can post messages to fellow alumni, write to the team or the Friends, ask questions, and share news. (Friends and other non-alums can also be subscribed to the list by you.) PLEASE SIGN UP!

ALUMNI PHOTO SUBMISSIONS

If you have photos, articles, or any other relevant PUST memorabilia that would be fun for all to see on the team website (www.princeton.edu/~sailing) and/or in future print team newsletters, please scan or toss in an envelope and pass along!

Please send your contributions to:
Greg Davis ’00
Secretary, Friends of Princeton Sailing
1 Christopher St., Apt. 7G
New York, NY 10014
gwdavis@alumni.princeton.edu

>> JOIN THE TIGERNET PRINCETON SAILING EMAIL LIST - “PRINCETON-SAILING”! <<
The Friends of Princeton Sailing continues to receive wonderful support from many of our alumni sailors, friends, and team parents. Thanks to all who made contributions to the team since the summer of 2004, as reflected below. The team thrives on the generosity of funds, advice, and time donated to them over the years, and, as such, every contribution at any level is always welcome. Thanks again, therefore, to our alumni, friends, parents, and others for your continuous support – the team depends on you for its successes.

As we experience delays in receiving notice from the University of each gift or pledge made to the Friends of Sailing, you may not see your name listed below. We will endeavor to list you in the Spring 2006 newsletter. Please let Emily Kalkstein ’98, President, or Jason Balich ’00, Treasurer, know if you have not received a tax acknowledgement from the University.

PRESIDENT’S CIRCLE ($1000+)
Randy Barba ’75 · Peter Fortenbaugh ’89 S90 · Dick Rose ’60

MAINSTAY ($250+)
Nelle Alexander ’76 · Jason Balich ’00 · Jeffrey Brock ’85 · Ted Burdick ’92 · Gary Cameron ’63 · Jim Candler, Jr. ’65 · Lisa Flannery ’95 · Ed Freitag ’68 · John Matsen ’57 · Winthrop G. Minot P06
Bob Stern ’48 P83 · Carel Warfield ’79 · Tony Widmann ’49

BACKSTAY ($100+)
Abby and Tom Abelson ’05 · Bob Adams ’57 · Ellen and Charles Azzaretti P06 · Kathy Bowsher ’87
Richard Boyd, Jr. ’76 · Alice and Stephen Brown P99 · Chris Constant ’00 · Gail and Frank Flannery P95, P97 · Jonathan Foot ’84 · Ted Foot ’57 · Ben Fuller ’67 · Dick Griffith ’48 · Jamie Isbester ’83 Bob Johnstone ’56 · Jason Kace ’02 · Emily Kalkstein ’98 · Doug Mallach ’91 · Dan Miller ’55
Gale Minot P06 · Chris Powers ’97 · Anna Sadowska P94 · Louis Silver ’74 · Jennifer Stern ’83
Derek Storm ’63 · Michael Streicker ’99

FRIENDS
Charles and Virginia Albert P96 · Bill Ames ’55 · Mark Andrews ’98 · Chet Apy ’54 · Dean Apy ’90
Bill Borchard ’60 · Eric Boyd ’90 · Amelia Brown ’99 · Gregory Davis ’00 · Mark DuRocher ’03
Liz Greene ’92 · Trubee Haebler ’44 (D) · Carol Haverty ’95 · Peter Jefferys ’55 · Jim Johnson, Jr. ’69
Susan and William Jones P05 · Michele Maxson ’01 · Ted McMillan, Ill ’60 · Barbara Moore ’81
Amanda North ’93 · Art Oschwald, Jr. ’42 · Eric Ottesen ’65 · Trevor Pardee ’43 · Annie Ruderman ’01
Victoria Taylor ’03 · Doug Turnbull ’01 · Peter Williamson ’82

>> THANK YOU FOR YOUR SUPPORT <<

>> JOIN THE TIGERNET PRINCETON SAILING EMAIL LIST - “PRINCETON-SAILING”! <<
fying regatta for the War Memorial Regatta – our district championship. Ocean County College played host to this regatta. We sailed in 420s and Tech dinghies to finish respectably in the fleet, especially considering that we had just arrived back on campus and hadn’t gotten a chance to practice yet. We narrowly missed qualifying for the War. Nonetheless, we enjoyed the opportunity to race against a competitive fleet as we prepared ourselves to take them on at Central #2 in October.

The next weekend, some of our new freshmen found themselves at Ocean County College for the MAISA Clinic and Regatta. This regatta is an annual favorite, as new sailors are coached in regatta basics on the first day, and then allowed to try out their new knowledge at a regatta held on the second day. The team sent some fresh faces to OCC to get a taste of college sailing and what Princeton sailing is all about. The sailors had a good showing, coming in 9th out of 15 teams.

Though the first weekend in October brought the team warm weather, it unfortunately did not bring much wind. Princeton sent one team of sailors to the Philly Fleet Race hosted by the University of Pennsylvania. Unfortunately, only two races were sailed in each division, as the wind kept to a light breeze at best all weekend. Another group of sailors sailed in similar conditions at Georgetown University. With David Cobey ’07, Brandon Racusin ’09 and Natalia Balko in A division, and Jeff Hill ’07 and Adriana Willsie ’07 in B division, 6 races were sailed in each division on

Meet the 2006 Commodore! Nick Burroughs ’08 is a sophomore physics major from Peace Dale, RI. He first got on a boat before six months of age and has never voluntarily gotten off one since. He sails at Vineyard Haven Yacht Club in the summer.

### Princeton Sailing Polos

Show your PUST pride! The team has ordered short-sleeved pique polo shirts with the orange and black Princeton burgee and the words “Princeton University Sailing Team” embroidered on the left breast.

Shirts are available in white, youth sixes L-XL and adult sizes S - XL for $25.00, plus shipping. Who knew supporting the team could be this fashionable?

These shirts will sell fast, so order early! For more information, or to order, contact Whitney Davis (wdavis@princeton.edu) with your size choice.
Saturday. While A division got to sail 2 races on Sunday, the regatta was called after the wind died at the beginning of B division’s first set of the day. Nonetheless the sailors enjoyed themselves in Washington, DC, and sailed to a 12th place out of 18 teams at the South district’s qualifier for the championship.

The next weekend was one of the highlights of the season, as a team of Nick Burroughs, Natalia Balko, Lawrence Azzaretti ’06 and Tracey Harrop finished in 3rd place out of 12 teams at the Washington College Open/Central #2 to qualify for the War. The team members enjoyed their pleasant weekend on the Eastern shore of Maryland in unseasonably warm weather. In between sets, the team members had some time to bond with a fellow New Jersey team, Ocean County College. We rounded out the weekend with a dinner overlooking the Chesapeake Bay on Saturday evening.

The team ended the season with a great weekend at two regattas – the War and our own Fall Princeton Women’s Open. The team started off their fall break with a great weekend at the War Memorial Regatta at Old Dominion University. This regatta is the MAISA championship regatta and represents the best sailing in the MAISA district. Nick Burroughs, Natalia Balko, Lawrence Azzaretti, Brandon Racusin and Lauren Racusin ’07 represented the team against some stiff competition from the mid-Atlantic states. The team enjoyed sailing in strong winds against a challenging and competitive fleet. Even though we didn’t qualify for the Atlantic Coast Championship, sailors still gained valuable skills for future competitions.

Another group of sailors, including Hilary Minot ’06, Sarah Langberg ’09, Whitney Davis ’09 and Francie Ward ’09 stayed on campus for the first few days of fall break to sail at Princeton Women’s. We hosted Georgetown, Fordham and the University of Maryland in a weekend of fun sailing at the Raritan Yacht Club. The weekend ran smoothly thanks to the great work of Tracey Harrop, David Cobey and Julia Peppiat ’08.

Presently, the team looks forward to taking their annual Intersession trip to Florida at the end of January. This trip helps us keep up our sailing skills through the winter so that we are ready for our spring season starting at the beginning of March.

All in all, the fall season was a success, with sailors having learned a lot through practice and regattas. We worked hard and played hard, and enjoyed good sailing and good company. The fall season helped our new freshmen become integrated with the team, and we look forward to an even more successful spring season!
and reminders. At a meeting between all the officers, new and old, we decided disorganization caused the majority of all not-fun sailing team experiences. Whether it is not having enough cars to get everyone to practice or not having a good set of directions to your hotel for the weekend, all such experiences detract from the good times spent on the water. Therefore, I will make it a priority of mine and the entire corps of officers to keep the sailing team running smoothly, so that we can focus on what's really important - going sailing.

I have been told by a number of sports coaches throughout my life, “It’s not about having the will to win. It’s about having the will to prepare to win.” As I become Commodore of the sailing team I will make it my goal to inspire everyone to prepare to win. When it comes time to move boats in sleet and rain, shovel snow out of your FJ before practice, spend a few hours sweating away in the boatshed sanding down gel coat, or hike out through a three hour practice until your legs feel like rubber, I hope to create a team that will greet such challenges with an upbeat attitude and the knowledge that pushing through will only make them stronger.

**Winter 2005 Website Updates!**

Some things to look forward to...
- Complete Spring Schedule
- Regatta reports compiled by senior team members after every weekend
- An updated alumni section
- Additional pictures from practice and regattas
- Continuously updated information about season progress and team events

http://www.princeton.edu/~sailing/

---

**THE FRIENDS OF PRINCETON SAILING**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Address</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emily Kalkstein '98</td>
<td>President</td>
<td>Friends of Princeton Sailing</td>
<td><a href="mailto:emilykalkstein@yahoo.com">emilykalkstein@yahoo.com</a></td>
</tr>
<tr>
<td>Jason Balich '00</td>
<td>Treasurer</td>
<td>Friends of Princeton Sailing</td>
<td><a href="mailto:jwbalich@mmm.com">jwbalich@mmm.com</a></td>
</tr>
<tr>
<td>Greg Davis '00</td>
<td>Secretary</td>
<td>Friends of Princeton Sailing</td>
<td><a href="mailto:gwdavis@alumni.princeton.edu">gwdavis@alumni.princeton.edu</a></td>
</tr>
</tbody>
</table>

---

**Princeton University Sailing Team**

Princeton University  
Dillon Gym, Room 3  
Princeton, NJ 08544  
www.princeton.edu/~sailing  
sailing@princeton.edu

**Raritan Yacht Club**

Perth Amboy, NJ  
www.ryc.org

CHECK OUT WWW.PRINCETON.EDU/~SAILING AND THE NEW TIGERNET EMAIL LIST!