Leader Trainers carry the tremendous responsibility of training Princeton students to lead groups in a wilderness setting. We take the qualities and qualifications of a Leader Trainer very seriously. The goal of an LTT is to teach trainees how to lead a group through safe and positive wilderness experiences. As a Leader Trainer we expect you to be able teach the necessary skills and to evaluate and provide feedback to each trainee. A Leader Trainer applicant should be entirely comfortable in the leadership role and ready to take on the next level of leadership: teaching others how to lead.

To apply for a Leader Trainer position you must have completed all required components of OA’s Leader Training Program, led at least one OA multi-day trip, and have experience planning a multi-day wilderness trip (LTT and Frosh Trip planning not included). Outdoor and leadership experience outside of these requirements are welcomed and encouraged.

Applying to be a Leader Trainer is a multi-step process. When you submit your application the Leader Training Committee will review it. If you meet the qualifications and appear ready for the position, they will ask you to meet for an interview. The committee will discuss your interview and application and make a decision with the OA Program Director and Program Coordinator.

The Leader Training Committee uses the application and interview as the main source of information in selecting new Leader Trainers, so please be sure to give each of these a significant amount of thought.

PART I: Skills and Experience

1. Outdoor Action Leader Training Requirements
   - First Aid Certification (indicate highest level): Course ____________________________ Mo/Yr: ______ Expires Mo/Yr: ______
   - CPR Expires: ________________
   - Facilitator’s Workshop Mo/Yr: __________
   - Leadership and Group Dynamics Workshop Mo/Yr: __________
   - Leader Training Trip Mo/Yr: _______________

   Leader Trainers: ____________________________________________________________

2. Outdoor Action Trips you have been on

<table>
<thead>
<tr>
<th>Dates</th>
<th>Location</th>
<th>Activities</th>
<th>Leader Participant</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Spring Break 1999</td>
<td>Shenandoah Nat’l Park, VA</td>
<td>Backpacking</td>
<td>☐ ☐</td>
<td>Rained all week, high water</td>
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</table>
3. Other Relevant Outdoor Trip Experience

<table>
<thead>
<tr>
<th>Dates</th>
<th>Location</th>
<th>Activities</th>
<th>Organization (NOLS, OB..)</th>
<th>Leader Participant Personal Trip</th>
<th>Comments</th>
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4. Please describe any other relevant outdoor experience.

5. Describe your teaching experience.

6. Technical Skills Ratings: Please rate your ability or knowledge in each area on the following scale:

1 = Fair, 2 = Good, 3 = Very Good, 4 = Excellent.

1. Minimal Impact Camping
2. Tent/Tarp Set-up
3. Knots
4. Bear Bag
5. Stove Use
6. Basic Stove Repair
7. Map Reading
8. Basic First Aid
9. Equipment - Care & Use
10. Compass & Navigation
   Orienting map using land features
11. Hygiene
12. Safety Consciousness
13. Physical Ability
14. Nutrition/Menu Planning

PART II: Essay Questions

Please complete these questions on a separate sheet of paper.

1. What do the outdoors mean to you?
2. We believe there is a difference between being a good leader and a leader trainer. Please discuss this difference.
3. Tell us about a successful leadership experience you have had. What did you do that made it successful?
4. Tell us about a challenging leadership experience you’ve had, or one that didn’t go as planned. What did you learn from this experience?
5. How do you approach teaching someone a new skill?
6. Discuss how non-OA experiences have shaped you as a leader.
7. Why do you think you are ready to be a Leader Trainer?
8. What more do you need to learn?