2018 Spring Mammography Screening Program
for Female Faculty and Staff Members Age 35 and Over

Princeton’s annual Spring Mammography Screening Program will be held during the week of April 23. This program is also offered in the fall.

Princeton encourages faculty, staff, and their families, whenever possible, to utilize an independent in-network radiology facility instead of a hospital. For information about using convenient services to lower your healthcare costs, see www.princeton.edu/hr/benefits/oe/communications/wellbeing.pdf.

The Mammography Screening Program utilizes two in-network facilities that have digital equipment and separate appointment schedules for Princeton faculty and staff available on a first-come, first-served basis. Scheduling at least one week ahead of time is suggested. You must obtain a mammogram prescription from your regular physician or gynecologist prior to your appointment. If you do not currently have a regular physician or gynecologist and have health insurance through Princeton, visit UnitedHealthcare’s website at www.myuhc.com or Aetna’s website at www.aetna.com/dse/princeton for a physician directory. You may also contact your insurance carrier for assistance with finding a provider; the number is on the back of your insurance card.

In order to provide comprehensive results to your doctor, the facility should compare the records of your previous mammograms. If you are utilizing one of these facilities for the first time, they will assist you in obtaining your previous records when you arrive for your appointment. Princeton University will cover any fees your previous facility may charge for your records.

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<tr>
<th>Location Information</th>
<th>Appointment Times</th>
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<tbody>
<tr>
<td>Princeton Radiology at Quakerbridge</td>
<td>Monday, April 23, 8:00 a.m.–7:00 p.m.</td>
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<tr>
<td>8 Quakerbridge Plaza</td>
<td>Tuesday, April 24, 8:00 a.m.–7:00 p.m.</td>
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<tr>
<td>Mercerville, NJ 08619</td>
<td>Thursday, April 26, 8:00 a.m.–5:00 p.m.</td>
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For an appointment, call (609) 890-0033 and inform the scheduler that you belong to the Princeton University Screening Program.

You can request a different day or time if these appointments are inconvenient.

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<tr>
<td>Princeton Radiology</td>
<td>Tuesday, April 24, 8:00 a.m.–3:00 p.m.</td>
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<tr>
<td>419 N. Harrison Street</td>
<td>Wednesday, April 25, 2:00–7:30 p.m.</td>
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<tr>
<td>Princeton, NJ 08540</td>
<td>Friday, April 27, 8:00 a.m.–3:00 p.m.</td>
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For an appointment, call (609) 921-3345 and inform the scheduler that you belong to the Princeton University Screening Program.

You can request a different day or time if these appointments are inconvenient.
For Your Appointment

➢ Set aside 30 minutes and bring with you:
  • your medical plan identification card,
  • applicable copayment, if required (see below), and
  • a mammogram prescription from your regular physician or gynecologist.

➢ Be prepared to answer questions about your breast health history.

➢ Have your regular physician or gynecologist’s contact information available so the results and follow up care can be coordinated, as necessary.

Transportation

You are responsible for arranging your own transportation.

Copayment Information

If you are enrolled in the Princeton Health Plan (PHP), HMO, or Consumer Directed Health Plan (CDHP), and use an in-network provider, preventative mammograms (including a 3D preventative mammogram) are covered at 100%. If you are enrolled in the Princeton University J-1 Visa Plan, there is a $40 copayment.

For all healthcare plans not through Princeton University, contact your health insurance provider directly for assistance with finding a primary care physician, gynecologist, or if you have questions about your coverage.

Exclusions

If any of the following categories apply to you, you are either not eligible to participate in the Mammography Screening Program or a different breast screening may be more appropriate for you. For this reason, we encourage you to contact your primary care physician or gynecologist for all matters related to your breast health.

- Have had a breast cancer diagnosis within the past five years
- Have a new breast problem, such as a lump, skin change, or nipple discharge
- Had a mammogram within the past 12 months
- Are under age 35
- Had any type of breast surgery, biopsy, or aspiration within the past year
- Are currently breast feeding or breast-fed within the past nine months
- Are pregnant or think you may be pregnant

If you have any questions about the Mammography Screening Program, contact the Benefits Team at (609) 258-3302 or benefits@princeton.edu.