Index

Acetylcholine activity, mood disorders and, 84 Action Plan for Women's Health, 137-38 ADA. See Americans With Disabilities Act of 1990 Adoption studies, 105 Affective disorders. See Mood disorders Agoraphobia, 12,63, 109, 111 Agranulocytosis, clozapine and, 53,93 Alcohol abuse or dependence. See Substance abuse or dependence Alcohol, Drug Abuse, and Mental Health Administration (ADAMHA), 130,138 American Psychiatric Association (APA), 46, 114, 152 Americans With Disabilities Act of 1990, 156, 157 Amish studies of mental disorder genetics, 108 Anafranil. See Clomipramine Animal models of mental disorders, 134-36 Antianxiety agents, 12, 13,64 Antidepressant medications, 9, 10 classes, and generic and brand names, 58 panic disorder and, 12, 13,63-64 side effects of, 58 therapeutic response to, 58, 83 Antipsychotic medications, 7,52-53, 58,92 Anxiety animal models of, 135 depression and, 55,59 Anxiety disorders. See also Obsessive-compulsive disorder; Panic disorder comorbid substance abuse and, 57 DSM-III-R and, 59 genetics of, 11, 13, 108-9 APA. See American Psychiatric Association Arkansas Blue Cross and Blue Shield v. Doe, 162 Behavioral therapy definition of, 59 obsessive-compulsive disorder and, 11, 62 panic disorder and, 64 Biochemistry, 72-74 of mood disorders, 10, 82-85 of obsessive-compulsive disorder, 11, 88 of panic disorder, 13, 90-91 of schizophrenia, 7, 77-79, 82 Biological factors, evidence of involvement in mental disorders, 13,93-94, 101, 112 Biological research of mental disorders, impact of, 18-19, 21, 112-13, 156-63 Biological rhythms. See Circadian rhythms Bipolar disorder. See also Depression; Mania age at onset of, 9, 56 animal models of. 10, 135 comorbid substance abuse and, 57 cost of. 93 course of, 9, 56 genetics of, 10, 107-8

kindling and sensitization hypothesis of, 10, 87 medication for, 58-59. See also Lithium, Carbamazepine prevalence of, 3,9,35,56 psychotherapy and, 9,59 risk of, 113 serotonin receptor, 84, 112 symptoms of, 8-9, 53-54 treatment of, 9, 58-59 Bleuler, Eugen, 50 Brain banks, 17-18, 138-40 Brain chemistry mood disorders and, 10, 82-85 obsessive-compulsive disorder and, 11, 88-89 panic disorder and, 13,90-91 schizophrenia and, 7, 77-78, 82 study of, 72-74 Brain structure and function, 38-39,74-77 mood disorders and, 85-86 obsessive-compulsive disorder and, 11, 89-90 panic disorder and, 13,91-92 schizophrenia and, 7-8, 79-81, 82 Brain tissue for research, availability of, 17-18, 138-40 Carbamazepine, 9, 10,59 Chlorpromazine, 92 Circadian rhythms, mood disorders and, 10, 87 Clinical research, 136-38, 140-41 Clomipramine, 11,62 Clozapine, 53,93 Cognitive therapy definition of, 59 for depression, 59 for panic disorder, 64 Comorbidity, 111 bipolar disorder and, 57 depression and, 55 obsessive-compulsive disorder and, 11, 61-62 panic disorder and, 12 Compulsions, 11,60-61 frequency by type, 12,63 Computerized axial tomography (CAT), 76,77,79,86 Congress interest in neuroscience research, 26, 27, 39 policy issues and options, 21-31 Cost of mental disorders, 3-5, 16,35-36 Courts, definition of mental disorders and, 45, 162 Creativity, mental disorders and, 56, 115 D/ART program. See DEPRESSION Awareness, Recognition and Treatment program Decade of the Brain resolution, 5-6,26,37, 169 Delusions, 47,50,51 Depression animal models of, 135 anxiety and, 59

heterogeneity of, 54-55 medications for, 58 obsessive-compulsive disorder and, 61 public education about, 27-31, 154-55 DEPRESSION Awareness, Recognition and Treatment program, 27-29, 154-55 Depression, major age at onset of, 8,56, 107 comorbid substance abuse and, 57 course of, 56 diagnosis of, 55 disability days from, 35 genetics of, 107-8 personal account of symptoms of, 9,54 prevalence of, 3,8,35,56 risk of, 113 suicide and, 8, 53 symptoms of, 8, 53 treatment of, 8 Developmental factors, schizophrenia and, 8,81 Dexamethasone-suppression test (DST), 85 Diagnostic and Statistical Manual of Mental Disorders, 46-47 criteria for major depression, 55 criteria for mania, 55 criteria for obsessive-compulsiv disorder, 62 criteria for panic disorder, 64 criteria for schizophrenia, 47 Discrimination against persons with mental disorders, 24, 153, 157, 161 Division of Basic Brain and Behavioral Sciences (DBBBS), 16, 126-27, 128, 129 Division of Clinical Research (DCR), 16, 127-29 Dopamine depression and, 83 obsessive-compulsiv disorder and, 89 receptors, 38, 75,92, 112 schizophrenia and, 7, 77-78, 82 Drugs action of, 74 development of, 92-93 spending for, 4, 36 treatment of bipolar disorder, 9 treatment of major depression, 8 treatment of obsessive-compulsive disorder, 11,62,89 treatment of panic disorder, 12,63-64 treatment of schizophrenia, 7,52-53 DSM. See Diagnostic and Statistical Manual of Mental Disorders ECT. See Electroconvulsive therapy

Electroconvulsive therapy, major depression and, 8,58 Electroencephalograph (EEG), 76,77,80 Employment status mood disorders and, 56 schizophrenia and, 51 Epidemiologic Catchment Area (ECA) Program, 3,4,35, 36 Ethical issues surrounding neuroscience advances, 23-24, 26.39 Eugenics and mental disorders, 25,39, 104, 161 Family studies, 105 Federal Coordinating Council for Science, Engineering, and Technology, 131 Federal funding for mental disorders research, 5, 14-17, 21-23,37,39, 123-31 Federal information transfer, 30-31 Fetal abnormalities, lithium and, 59 Fluoxetine: action of, 83, 93 sales of, 93 side effects of, 58,93 Foundation funding for mental disorders research, 15,132 Freud, Sigmund, 37 Galton, Francis, 25, 103, 104 Gamma-aminobutyric acid (GABA), 84 Genetic counseling for mental disorders, 113-15 Genetic heterogeneity, 109-10 Genetic information, privacy issues, 24,39 Genetic mapping, mental disorders and, 109-12 Genetic research impact of, 24, 112-13, 161 NIMH investment, 101 Genetics anxiety disorders and, 108-9 basic concepts of, 101-3 mood disorders and, 10, 107-8 obsessive-compulsive disorder and, 11 panic disorder and, 13 schizophrenia and, 8, 106-7, 111 study and analysis of, 103-5 Hallucinations, 50,51 Hand-washing compulsion, 11,60 Homelessness, mental disorders and, 3,35 Hormonal abnormalities and mood disorders, 10,85 Hospitalization, 3,4, 35,36 costs of, 18,23, 141 for major depression, 8,58 for mania, 58 for schizophrenia, 52 Human Genome Project, 24,39, 101 Imaging technology, 38,71,76-77 Immune and viral factors mood disorders and, 88 schizophrenia and, 8, 81 Incarceration, mental disorders and, 3.35 Information on mental disorders, 19,20,26-31, 153 Inheritance. See Genetics Insurance coverage for mental disorders, 18-19, 161-63

Interagency Task Force on Hopelessness and Severe Mental Illness, 26, 153 Interpersonal psychotherapy, definition of, 59 James, William, 158 Kennedy, Edward M., 39 Kindling and sensitization hypothesis of bipolar disorder, 10,87 Kraepelin, Emil, 45,50 Legal issues surrounding neuroscience advances, 23-24, 26,39 Linkage analysis, 105-6, 109-12 Lithium, 9, 10,56,58,84-85,93 LOD score, 106 LSD (lysergic acid diethylamide), 78 Magnetic resonance imaging (MRI), 76,77,79,86 Major depression. See Depression, major Mania. See also Bipolar disorder animal models of, 135 characterization of, 9, 54 course of, 56 diagnosis of, 55 medication for, 9, 58 Manic-depressive illness. See Bipolar disorder MAOIs. See Monoamine oxidase inhibitors Marital status mood disorders and, 56 schizophrenia and, 50 Media portrayals of mental disorders, 20, 153, 159 Melancholia, 55 Mendel, Gregor, 101 Mental disorders. See also Anxiety disorders; Bipolar disorder Depression, major; Mood disorders; Obsessive-compulsive disorder, Panic disorder; **Schizophrenia** animal models of, 134-36 brain structure and function and, 74-77 challenges for genetic mapping of, 14, 109-12 classification of, 39,4647 comorbid substance abuse and, 57 cost of, 3-5, 16, 35-36 creativity and, 56, 115 definition of, 4546 eugenics and, 25, 104 evidence of biological factors involved in, 13, 93-94, 101 genetic counseling for, 113-15 hopelessness and, 35 impact of biological research, 18-19, 21, 156-63 media portrayals of, 20, 153, 159 medical model of, 162 methods of study of, 71-77 prevalence of, 3,35 psychosocial factors and, 13,71, 112, 161 risk of, 113

stigma attached to, 3,5,26, 151-53, 163 study of genetics of, 103-5, 113-16, 161 suicide and, 6-7, 52 treatment of, 92-93 violence and, 20, 158, 159 Mental health care, insurance coverage for, 18-19,161-63 Mental health professionals, 45 cost of care provided by, 4.36 D/ART program training for, 28, 154 negative attitudes toward persons with mental disorders. 26, 152 shortage and training of clinician-researchers, 18,23, 141-44 Mental health services cost of, 4, 36 government funding for, 5,37 Microscopy, 38 Molecular biology, 38,71,74 Monoamine oxidase inhibitors action of, 82 generic and brand names, 58 Monoamines. See also Norepinephrine; Serotonin mood disorders and, 10, 82-84 Mood disorders. See also Bipolar disorder; Depression, major biochemistry of, 10,82-85 brain structure and function and, 85-86 characterization of, 8, 53 circadian rhythms and, 10, 87 classification of, 54-55 comorbidity and, 56, 57 genetics of, 10, 107-8 hormonal abnormalities and, 10, 85 immune and viral factors, 88 prevalence of, 8-9,56 sleep disturbances and, 10, 86-87 social correlates of, 56 suicide and, 7, 52 symptoms of, 10, 53-55 treatment of, 8-9,56,58-59 National Advisory Mental Health Council, 39, 130 National Alliance for Research on Schizophrenia and Depression (NARSAD), 15, 132 National Alliance for the Mentally Ill (NAMI), 15,37, 132, 154, 156, 160, 161 National Depressive and Manic Depressive Association, 132 National Institute of Mental Health (NIMH) D/ART program, 27-29, 154-55 genetic counseling and, 114 genetic research investment, 101 mental disorder research funding, 14-17,21-22,123-29 neuroscience research and, 6, 21-22, 38, 123-30 research budget, 14-15, 17, 39, 124-25 National Institute on Aging, 124 National Institutes of Health (NH-I), 130-31, 138

National Mental Health Association, 132 National Science Foundation (NSF), 133 Neuroendocrine systems, mood disorders and, 85 Neuropeptides, 38, 84 Neuroscience ethical, legal, and social issues, 23-24, 26, 39 federal funding for research, 5,21-23,37,39, 130-132 growth and advances in field of, 5-6, 37-38, 156, 163 research. 38-39 Neurotransmitters, 38 action of, 72-74 mood disorders and, 82-85 schizophrenia and, 77-79 NIMH. See National Institute of Mental Health Norepinephrine receptors, 84 Obsessions, 60-61 frequency by type, 12,63 Obsessive-compulsive disorder age at onset of, 11, 62 animal models of, 135 biochemistry of, 88-89 brain structure and function and, 11, 89-90 comorbidity and, 57, 61 course of. 11. 62 genetics of, 108-9 individual experience of, 60-61 manifestations of, 11, 60-61, 88 prevalence of, 3, 11,35,62 risk of, 113 Tourette's syndrome and, 11,62, 89-90, 109, 111 treatment for, 11, 62 OCD. See Obsessive-compulsive disorder Panic disorder age at onset of, 12, 63 brain chemistry of, 13,90-91 brain structure and function and, 13,91-92 comorbid substance abuse and, 57 course of. 12. 63 genetics of, 13, 108-9 prevalence of, 3, 12,35,63 risk of, 113 suicide and, 7, 52 symptoms of, 11-12, 62-63 theories of origin of, 12-13, 90 treatment of, 12, 63-64 Penfield, Wilder, 38 Personality disorders, schizophrenia and, 50, 106 Pharmacogenetics, 111 Phencyclidine (PCP), 79 Phenotype, 111 Phenylketonuria (PKU), 112 Positron emission tomography (PET), 74,76,77,79, 80 postmortem brain tissue availability, 17-18, 138-40 Prescription drugs. See Drugs President's Commission on Mental Health, 5,37

Productivity losses and mental disorders, 4, 35, 36 Prozac. See Fluoxetine Psychodynamic psychotherapy, definition of, 59 Psychological tests, 38,76 Psychopharmacology. See Drugs Psychosis bipolar disorder and, 9 major depression and, 53 mania and, 54 schizophrenia and, 6, 50 Psychosocial factors and mental disorders, 13,71, 112, 161 Psychotherapy bipolar disorder and, 9,59 major depression and, 8, 58 modalities of, 59 obsessive-compulsive disorder and, 11, 62 panic disorder and, 12,63-64 schizophrenia and, 52 Public attitudes toward mental disorders, 3,5,26,151-56, 163 Public education about depression, 27-29, 154-55 Public Health Service (PHS) Guidelines for Animal Care and Use, 134-35 Reproductive hormonal alterations, mood disorders and, 10.55.85 Research into mental disorders animal models for, 134-36 barriers to, 16-18 brain tissue and, 17-18, 138-40 clinical studies, 136-38, 140-41 federal funding for, 5, 14-17,21-23,37,39, 123-31 impact of, 18-19, 21, 156-63 public concern and, 14-16 Responsibility for mental disorders, perceptions of, 19-20, 156, 158, 160-61 Risk of mental disorders, 113 SAD. See Seasonal affective disorder Schizoaffective disorder, 50, 108 Schizophrenia age at onset of, 8, 51 animal models of, 135 biochemistry of, 7,77-79, 82

brain structure and function and, 7-8,79-81, 82

risk of, 106, 113

comorbid substance abuse and, 57 conceptualization of, 50 course of, 8, 50-51 developmental factors and, 8, 81 DSM-III-R criteria for, 47 genetics of, 8, 106-7, 111 hypothesized causes of, 8,50 immune and viral factors, 8, 81 individual experience of, 48-49, 158 prevalence of, 3,6,35,50-51

smooth-pursuit eye movements and, 111-12 socioeconomic correlates of, 51 suicide and, 6-7, 52 symptoms of, 6-7, 47, 50, 51-52, 77 treatment of, 7,52-53 "Schizophrenogenic" mother, 112, 160 Scottish Rite Foundation, 132 Seasonal affective disorder characteristics of, 55, 87 treatment of, 8, 58 Serotonin mood disorders and, 83 obsessive-compulsive disorder and, 11, 62, 88-89 receptors, 84, 112 suicide and, 83 Single-photon-emission computed tomography (SPECT), 76-77 Sleep disturbances, mood disorders and, 10,86-87 Smooth-pursuit eye movements (SPEM) and schizophrenia, 111-12 Social issues surrounding neuroscience advances, 23-24, 26.39 Society for Neuroscience, membership of, 5,37 Socioeconomic status mood disorders and, 56 schizophrenia and, 50, 56 State and local government funding for mental health services, 5, 37, 131-32 Sterilization, compulsory, and eugenics, 25, 104, 113 Stigma attached to mental disorders, 3,5,26,151-53,163

Styron, William, account of depression, 9,54 Substance abuse or dependence, 3,35 mental disorders and, 57 obsessive-compulsive disorder and, 11, 61-62 prevalence of, 57 Suicide major depression and, 8, 53 mental disorders and, 6-7, 52 schizophrenia and, 7, 51-52 serotonin and, 83 Tardive dyskinesia, 53 Tourette's syndrome and obsessive-compulsive disorder, 11,62, 89-90, 109, 111 Tricyclic antidepressants action of, 82 generic and brand names, 58 Twin studies, 105 U.S. Department of Agriculture, regulation of biomedical research on animals, 135 U.S. Department of Veterans Affairs hospital care for persons with mental disorders, 3,4,36 mental disorders research by, 22-23, 130 Uniform Anatomical Gift Act of 1987, 140 VA. See U.S. Department of Veterans Affairs Violence and mental disorders, 20, 158, 159 Viral factors mood disorders and, 88 schizophrenia and, 8, 81