# Contents

# 1 Summary and Policy Implications 1

Implications for Policy 1
What Is Health Care Administration? 2
Aggregate National Estimates of Administrative Costs 3
Comparisons Between the United States and Canada 3
Personnel as a Measure of Administration 4
Technology To Simplify Administration 5
Conclusion 6

# 2 Defining Administrative Costs 7

A Typology of Administrative Costs by Function 8 An Enumeration of Administrative Activities 9

### 3 Measuring Administration 15

Estimates of Administrative Costs and International Comparisons 16 Personnel as a Measure of Administration 39

#### 4 Technology To Simplify Administration 47

Standardization and Automation of Insurance Claims 48 Health Cards 48

#### **APPENDIXES**

- A Acknowledgments 57
- B Comparison of Health Care Administration Found In Four Countries 59



- C Methods Used in Himmelstein and Colleagues' Analysis of U.S. and Canadian Health Care Labor Forces 66
- D Acronyms and Abbreviations 70

**REFERENCES** 71