## **CONTENTS**

Chapter	Page
Executive Summary.* *** •*	I
Evidence on Effectiveness	2
Potential Cost-Effectiveness of CRC Screening in the Elderly	3
Implications for Medicare	5
1 <sub>0</sub> The Rationale for Colorectal Cancer Screening	7
Introduction	7
Technologies for Colorectal Cancer Screening	8
Recommendations for Colorectal Cancer Screening in the Elderly	10
The United States	10
Other Countries	12
Understanding the Differences in Recommendations	12
2. The Effectiveness of Colorectal Cancer Screening	. 13
Issues in Measuring Effectiveness	
Evidence on Effectiveness of Fecal Occult Blood Test (FOBT)	14
Evidence on the Effectiveness of Sigmoidoscopy	18
Effectiveness Issues Specific to the Elderly	20
3. The Cost-Effectiveness of Colorectal Cancer	
Screening in the Elderly	
Introduction	
Screening, Follow Up, and Surveillance Strategies	23
Structure and Assumptions of The Cost-Effectiveness Analysis	25
Results	26
Distribution of Effects Across Time and Individuals	
Sensitivity Analysis	30
Comparison With Other CRC Cost-Effectiveness Analyses	
Discussion	
Implications for Medicare	33
Appendix	
A. OTA Advisory Panel	35
B. Acknowledgments	36
C. Basis for Cost-Effectiveness Analysis of Colorectal Cancer Screening	37
Measurement of Effects	37
Natural History of CRC	
Accuracy of Screening	
Medical Risks of Screening	
Years of Life Gained From Screening	
Measurement of Costs	
Defended	40

## **CONTENTS-continued**

Boxe	s	Page
Boxes	Staging Coloradial Concern	
A. B.	Staging Colorectal Cancers  Polyps and Cancer	9
Char	ts	
Charts		Page
1.	Annual Colorectal Cancer Incidence Rates, United States	1
2.	Annual Cost of Colorectal Cancer (CRC) Screening, Followup, and Surveillance	34
Tabl	es	_
Table		Page
1.	Stage at Detection of Colorectal Cancers	δ 11
2.	Recommendations for Screening for Colorectal Cancer in the Elderly	11 15 16
3.	Fecal Occult Blood Test (FOBT) Controlled Clinical Trials	13-10
4.	Age-Specific Polyp Prevalence: Autopsy Studies	21
5.	Effects and Costs of CRC Screening in the Elderly	25
6.	Summary of Assumptions for Cost-Effectiveness Analysis,	20
7.	Cost-Effectiveness of Colorectal Cancer in the 1989 U.S. 65-Year-Old	27
0	Population Under Assumptions Unfavorable to Screening	
8.	Impact of Surveillance Schedule on the Cost-Effectiveness of CRC	28
0	Screening in the 1989 U.S. 65-Year-Old Population	20
9.	Cost-Effectiveness of CRC Screening Under Differing Assumptions	21
10.	About the Cost of Treating Early and Late CRC	
10.	Sensitivity of Cost-Effectiveness Results to Faster Polyp/Cancer Progression Time	31
11.	Effect of Lower FOBT Sensitivity on Cost-Effectiveness of CRC Screening	
12.	Assumptions Underlying Estimates of the Annual National Costs	
12.	of CRC Screening, Followup, and Surveillance in the Elderly	33
c-1.	FOBT Sensitivity and Specificity	42
c-1.	Distribution of Polyps by Location From Autopsy Studies of U.S.	
C-2.	and Foreign Populations	43
c-3.		44
c-3.	Selected Screening, Followup, and Surveillance Charges for Colorectal Cancer	
c-5.	Average Charges Made to Medicare for Treatment During the Initial,	
<b>.</b>	Continuing, and Terminal Phases of CRC (1984 dollars)	47
C-6.		